

# Reasons to Train with A Certified Coach or Instructor

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## PROFESSIONAL & ACCOUNTABLE

Certified coaches are professionals who are expected to adhere to strict standards of the profession. Equine Canada coaches and instructors sign nationally accountable Codes of Ethics and Conduct. Written complaints about coaches are addressed. They are also required to maintain a current and clean police records report on file.

## SAFETY & FIRST AID

Trained in procedures, coaches hold a valid First Aid certificate which must be kept up to date for the coach to maintain certification.

## TEACHING & COACHING BEST PRACTICES

Certified Coaches and Instructors have been trained and tested on their specific ability to teach and coach human athletes, using techniques and practices upheld by Sport Canada as best standard for coaching for all major sports in Canada. The coaching development curriculum is aligned with standard sport science and coaching skill principles and practices.

## KNOWLEDGE & TECHNICAL COMPETENCE

Coach candidates are assessed by very experienced equestrian coaching professionals. In addition to demonstrating coaching and teaching ability, coaches and instructors must demonstrate a high standard of competence in horsemanship, horse care, horse training, riding, business and other skills. They must show proof of continuing professional development activities to maintain certification status.

## COMMITMENT

Becoming certified and maintaining certification requires significant time and financial commitment on the part of the instructor/coach. Certification shows personal commitment to the sport and to giving their students the best they can.

## CONFORMANCE

Conformance with growing requirement for and public expectation of certification in all amateur sports